

**FORMATO EUROPEO
PER IL CURRICULUM
VITAE**



PERSONAL INFORMATION

Name **CARUGO STEFANO**
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Nationality Italian
Date of Birth JANUARY 1, 1966

WORK EXPERIENCE

- Dates (from - to) November 2022 - present
- Name and address of the employer Foundation IRCCS Cà Granda Ospedale Maggiore Policlinico, Milan, Italy
 - Type of business or sector University Hospital
 - Occupation or position held Director of the Cardio-Thoracic-Vascular Department
- Dates (from - to) January 2021 - present
- Name and address of the employer Foundation IRCCS Cà Granda Ospedale Maggiore Policlinico, Milan, Italy
 - Type of business or sector University Hospital
 - Occupation or position held Director of the Cardiology Unit
- Dates (from - to) November 2017 – December 2020
- Name and address of the employer ASST Santi Paolo e Carlo – Milan, Italy
 - Type of business or sector University Hospital
 - Occupation or position held Director of the Cardio-Respiratory Department
- Dates (from - to) November 2015 – December 2020
- Name and address of the employer ASST Santi Paolo e Carlo – Milan, Italy
 - Type of business or sector University Hospital
 - Occupation or position held Director of the Cardiology Unit
- Dates (from - to) April 2010 – November 2015
- Name and address of the employer Lombardy Region, Italy
 - Type of business or sector Public Institution
 - Occupation or position held Councillor of the Lombardy Region / Member of the Lombardy Regional Council
- Dates (from - to) January 2006 – April 2010
- Name and address of the employer Pio Albergo Trivulzio, Milan, Italy
 - Type of business or sector Public Hospital
 - Occupation or position held Director of the Cardiology Unit
- Dates (from - to) September 2003 – December 2005

- Name and address of the employer
 - Type of business or sector
 - Occupation or position held
- Dates (from - to)
- Name and address of the employer
 - Type of business or sector
 - Occupation or position held
- Dates (from - to)
- Name and address of the employer
 - Type of business or sector
 - Occupation or position held
- Dates (from - to)
- Name and address of the employer
 - Type of business or sector
 - Occupation or position held

EDUCATION AND TRAINING

- Dates (from - to)
- Name and type of organisation providing education and training
 - Title of qualification awarded
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 - Title of qualification awarded
- Dates (from - to)
- Name and type of organisation providing education and training
 - Title of qualification awarded
- Principal subjects/occupational skills covered
- Title of qualification awarded

ACADEMIC EXPERIENCE

- Dates (from - to) 2022 - present
- Name of Organization University of Milan, Italy
- Occupation or position held Head of Master in Intensive Cardiac Unit

- Dates (from - to) 2019 - present
- Name of Organization University of Milan, Italy
- Occupation or position held Professor of the Nuclear Medicine School

- Dates (from - to) 2018 - present
- Name of Organization University of Milan, Italy
- Occupation or position held Professor of the Dental Hygiene Degree Course

- Dates (from - to) 2018 - 2020
- Name of Organization University of Milan, Italy
- Occupation or position held Professor of the Dietetics Sciences Degree Course

- Dates (from - to) 2017 - 2020
- Name of Organization University of Milan, Italy
- Occupation or position held Professor of Critical Cardiovascular Area at the Elective Course of Integrated Course

- Dates (from - to) 2016 - 2020
- Name of Organization University of Milan, Italy
- Occupation or position held Professor of the Physiotherapy Degree Course

- Dates (from - to) 2016 - 2020
- Name of Organization University of Milan
- Occupation or position held Professor of the advanced course in Cardio Surgery and Structural Cardiology

- Dates (from - to) 2015 - present
- Name of Organization University of Milan, Italy
- Occupation or position held Professor of the Cardiology School

- Dates (from - to) 2015 - 2020
- Name of Organization Polo San Paolo University Hospital in Milan, Italy - Department of Health Sciences
- Occupation or position held Associate Professor of Cardiology

- Dates (from - to) 2015 - 2020
- Name of Organization Polo San Paolo University Hospital in Milan, Italy - Department of Health Sciences –Degree Course in Medicine
- Occupation or position held Professor of Medical Clinic and Clinical Semeiotics

RESEARCH EXPERIENCE

- Dates (from - to) 2005 - present
- Name and address of Organization Industry Sponsored Trial or non-sponsored Academic trials
- Occupation or position held Principal investigator or co-investigator
- Main activities and responsibilities Principal Investigator or co-investigator in more than 40 trials (Industry-sponsored or Academic) dealing with heart failure, cardiovascular diseases, hypertension and cardiomyopathies.

SCIENTIFIC AFFILIATIONS

Coordinator for the Lombardy Region SIIA - Italian Society of Hypertension
Member of the Telecardiology Working Group SIC -Italian Society of Cardiology
Member of the Dyslipidemia Research Center – Università dell'Insubria
Member of the Committee for Direction for "Pediatric Clinical Research Center Romeo ed Enrica Invernizzi"

Member of the heart failure study Group SIC - Italian Society of Cardiology
Member of the Board Fondazione Italiana Cuore e Circolazione Onlus
Chair of the SIC - Italian Society of Cardiology Section of the Region of Lombardy
Member of the ESC - European Society of Cardiology
Member of the SIC - Italian Society of Cardiology
Member of the ESH - European Society of Hypertension
Member of the CFC - Federative College of Cardiology
Member of the ESC study Group:

- HFA
- EAPC
- Digital Health

Member of the "RETE CARDIOLOGICA"

AWARDS

Educational Grant Pfizer International for MOCAR Project
Prize ROCHE Health Builders Winner
Scientific Prize Fondazione Romeo ed Enrica Invernizzi Winner for the Research Project
"Training and collaboration between Cardiology Hospital and General Medicine Doctors: a new model of "second opinion"

PERSONAL SKILLS AND COMPETENCES

*Acquired in the course of life and career
but not necessarily covered by formal
certificates and diplomas...*

MOTHER TONGUE

ITALIAN

OTHER LANGUAGES

- Reading skills
- Writing skills
- Verbal skills

English

Excellent
Excellent
Excellent

ORGANISATIONAL SKILLS AND COMPETENCES

*Coordination and administration of
people, projects and budgets; at work, in
voluntary work (for example culture and
sports) and at home, etc.*

Management of Hypertension, Heart Failure (HF) and Coronary Heart Disease (CHD) patients within multidisciplinary teams writing of research project.
Conduction of Clinical Trials (Phase III and IV) as principal investigator and co-investigator according to GCP training

In compliance with the GDPR and the Italian Legislative Decree no. 196 dated 30/06/2003, I hereby authorize you to use and process my personal details contained in this document.

I hereby authorize to use of my personal data in accordance to the GDPR 679/16 "European Regulation on the protection of personal data"

Milano, 16/04/2026

